

Workshop: „Solve Problems!? No Problem!”

Date, Time: 01.10.2009, 10.00 – 13.00 and
01.10.2009, 14.30 – 17.15 (workshop duration in both cases 2,5 hours)

Trainer: Carina Stojaspal; Johanna Schneider

Workshop content/theme

Mediation

Aims

We wanted to give a brief introduction to mediation and what it is about

-> games

-> role plays (as we are using them at our school with the classes)

->theory input

Method(s)/Approach

After we got to know each other, we did brainstorming about mediation.

What is it for? What does the other one want?

Mediation is a voluntary process where a neutral person (=mediator) helps as a middleman to find a solution.

Iceberg-model: You only show a part of your feelings. Most of your feelings are "under the water".

e.g: Sandra doesn't want to sit next to Lisa. (above the water) reasons why are under the water.

Me/You statements (try to say: I think that,... and not: you are...)

Role-play: Discussion in a family (some people had to push the discussion and some had to calm it down)

Further tips, sources, resource material or links

We don't have any materials online, but if you google it, you will get a lot of information.

Impressions, Outcomes of the workshop

For us the first workshop was better, because there were more teacher, who were really interested in the topic. in the second workshop there were more students and we think, that they were a bit bored.

We were very happy when we saw the feedback of the first workshop, because everyone liked it very much.